



Sweet Potato Fries

Serves: 4

Ingredients:

4 medium sweet potatoes
1 tablespoon olive oil
Salt and pepper to taste

Directions:

1. Peel potatoes and cut into thin strips.
2. Soak fries in water for 30 minutes.
3. Preheat NuWave Brio to 370 °F.
4. Pat fries dry and toss with olive oil, salt and pepper in a bowl.
5. Once preheated, place fries in NuWave Brio Basket and air fry for 12 minutes.